

Raindrop Technique uses Therapeutic Grade essential oils which naturally stimulates the body to begin releasing toxins ~ **drink plenty of water** (body weight $\sqrt{\text{in}}$ half = oz. of daily water rec.) for the next 24 hours.

DLC will not use Oregano, Thyme or Basil oils undiluted. V-6 oil will be used to protect the skin to prevent skin irritation.

DLC will not use wintergreen if client is taking anticoagulant (blood thinning) substances.

Caution will be taken if client is pregnant or nursing ~ peppermint oil will not be used topically.

If client has MS a cold towel compress will be used instead of a hot one.

Emotional release may occur; client may experience depression or elation, increased energy or fatigue. Be aware of your body's response after your treatment talk to a trusted friend to work through any unpleasant feelings, memories, or emotions, or to share how wonderful you feel afterwards. DLC would appreciate your feedback within 48 hours after your treatment to discuss your experience!

Subsequent Raindrop treatment may be recommended in order to assist the body in normalizing muscle tone, assisting in the detoxification process, or maintaining wellness. Suggested treatment frequency:

- Once a week
- Twice a month
- Once a month
- Once every 3 _____ or 6 months
- Upon Client Request

Your next appointment is scheduled for _____ at _____

Raindrop Technique

(Optional to start:)

Measure flexibility before client gets on table:

Check legs:

Note curvature of spine:

(Begin Supine)

Balance*

Vita Flex feet *

(Prone)

*Valor

*Oregano - feather

*Thyme - feather

*Basil- feather ~ circular spinal tissue pull

*Cypress - feather ~ saw finger straddle

*Wintergreen - vita flex thumb roll

*Marjoram ~ feather all over~ circular hand massage

Aroma Seiz ~ feather all over ~ palm slide

*Peppermint ~ feather 3 drops

Valor ~ feather all over and finishing strokes

(Hot towel)

(Vibrate, stretch, and compress)

Optional:

Note curvature of spine:

Check legs:

Measure flexibility after treatment: